



Compare care options to help keep costs down

Getting care at the place that may best fit your condition or situation may save you up to \$2,000 compared to an emergency room (ER) visit.* If you have a life-threatening condition, call 911 or go to the ER. For everything else, it may be best to contact your primary care provider (PCP) first. If seeing your PCP isn't possible, it's important to know your other care options, especially before heading to the ER.

Care options to consider and approximate costs

START HERE



PCP

Care from the doctor who may know you best



Convenience care

Basic conditions that aren't generally life-threatening



Urgent care

Serious conditions that aren't generally life-threatening



Emergency room

Life- and limb-threatening emergencies

| | PCP | Convenience care | Urgent care | Emergency room |
|----------------|--------------------|--------------------|--|----------------|
| Average cost* | \$160 | \$100 | \$180 | \$2,200 |
| Hours | Varies by location | Varies by location | Varies by location—may be open nights/weekends | 24/7 |
| How to connect | Contact your PCP | myuhc.com® | myuhc.com | myuhc.com |

✓ indicates the recommended place for care for the following common conditions:

| | | | | |
|-------------------------|---|---|---|---|
| Broken bone | | | ✓ | ✓ |
| Chest pain | | | | ✓ |
| Cough | ✓ | ✓ | | |
| Fever | ✓ | ✓ | | |
| Muscle strain | ✓ | ✓ | | |
| Pinkeye | ✓ | ✓ | | |
| Shortness of breath | | | | ✓ |
| Sinus problems | ✓ | ✓ | | |
| Sore throat | ✓ | ✓ | | |
| Sprain | ✓ | ✓ | ✓ | |
| Urinary tract infection | ✓ | ✓ | | |



Need to find a network provider or PCP? Visiting an out-of-network provider could end up costing you more for care. To find a PCP, urgent care centers and emergency rooms in your network, go to myuhc.com.

Not sure where to go for care? Call the number on your health plan ID card.

continued

Learn more

Visit uhc.com/quickcare

**United
Healthcare**

*Source 2019: Average allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. (Estimated \$2,000.00 difference between the average emergency room visit, \$2,200 and the average urgent care visit \$180.) The information and estimates provided are for general informational and illustrative purposes only and is not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

Check your official health plan documents to see what services and providers are covered by your health plan.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

B2C EI21493001.0 1/21 © 2021 United HealthCare Services, Inc. All Rights Reserved. 21-491624-B